




PROBLEM AREA

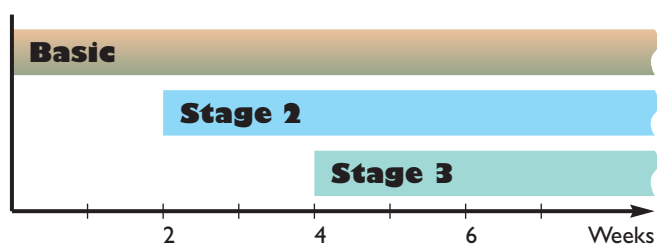
Heart Muscle Cells

The heart and the circulatory system make up the most mechanically active organ in our bodies. Every day the heart beats 100,000 times, pumping up to 10,000 litres of blood around the body. This fact alone makes clear that heart muscle cells need particularly large amounts of micronutrients in order

to ensure a strong and rhythmic heartbeat. The heart is the engine of our bodies and must have a continuous supply of biological fuel, or cellular energy. Cellular nutrient synergies supply the heart muscle cells with precisely this bioenergy and thus promote the efficient working of the heart.

RECOMMENDED ACTION (STAGES)	MAIN CONSTITUENTS OF THE SYNERGY TEAM	ADVANTAGES OF OPTIMUM CELL NUTRITION
 Basic programme	Cellular nutrient synergy of over 30 vitamins, minerals, amino acids and trace elements, extended by biologically active plant substances (phytobiologicals).	<ul style="list-style-type: none"> Covers the body's basic needs for cellular nutrients as comprehensive as possible, thereby optimising its overall metabolism.
 STAGE 2 Energy supply for muscle cells	Vitamin C, B-vitamins, carnitine, coenzyme Q10, taurine	<ul style="list-style-type: none"> Improves the cell's energy supply Promotes stamina
 STAGE 3 Supporting healthy circulation	Vitamin C, proline, lysine, N-acetyl glucosamine, chondroitin sulphate, copper	<ul style="list-style-type: none"> Stabilises blood vessel walls

RECOMMENDED CELLULAR NUTRIENT INTAKE:



Begin by taking the basic nutrient programme every day at mealtimes. Then supplement these cellular nutrients after 2 weeks with special nutrients for the optimum supply of muscle cells (Stage 2). If required go on to stage 3, involving cellular nutrients to support the circulation.